

Faculty of Health Sciences

Linear mixed models

Analysis of repeated measurements, 10th March 2015

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Outline

General repeated measurements

Random effects ANOVA (the two-level model)

Multilevel models

Linear mixed models (LMMs)

Random regression

Cross-over studies

Comparing measurement methods

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Program

Topics:

- ▶ Random effects & variance components
- ▶ Linear mixed models in general.

Read: Fitzmaurice et al. (2011): chapters 8, 21, 22.

Examples:

- ▶ Random effects ANOVA
- ▶ Multi-level models
- ▶ Random regression
- ▶ Cross-over trials
- ▶ Comparison of measurement methods

What are repeated measurements?



Repeated measurements refer to data where the same outcome has been measured in different situations (or at different spots) **on the same individuals**.

- ▶ Special case: **longitudinal** means **repeatedly over time**.

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What is clustered data?



Repeated measurements are termed **clustered data** when the same outcome is measured **on groups of individuals** from the same families/workplaces/school classes/villages/etc.

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Analysis of repeated measurements

Many applications:

- ▶ Longitudinal data
- ▶ Treatments applied to multiple limbs, teeth, etc within the same person.
- ▶ Cross-over trials.
- ▶ Cluster randomized trials / multi-center studies.
- ▶ Comparisons / reliability of measurement methods.

ATT: Measurements belonging to the same subject/cluster are correlated. If we **fail to take this correlation into account** we will experience:

- ▶ **p-values that are too small or too large.**
- ▶ **confidence intervals that are too wide or too narrow.**

One-way analysis of variance – with **random** variation

Comparison of k groups or clusters, satisfying:

- ▶ The groups are of **no individual interest** and it is of no relevance to test whether they have identical means.
- ▶ The groups may be thought of as **representatives from a population**, that we want to describe.

Measurements belonging to the same subject/cluster tend to be correlated (look alike) due to e.g.

- ▶ Environmental variation.
 - ▶ Between regions, hospitals or countries.
- ▶ Biological variation.
 - ▶ Between individuals, families or animals.

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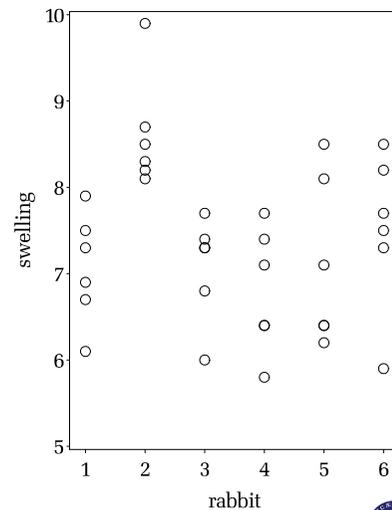
Example: Rabbit data

- ▶ $R = 6$ rabbits vaccinated.
- ▶ In $S = 6$ spots on the back.

Response: swelling in cm^2

Research question:

How much swelling can be expected in reaction to the vaccine?



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Random effects anova (the two-level model)

We let each rabbit have its own level of swelling described as

$$Y_{rs} = A_r + \varepsilon_{rs}$$

- ▶ We **assume** that these individual levels are randomly sampled from a normally distributed population,

$$A_r \sim \mathcal{N}(\mu, \omega_B^2)$$

- ▶ The error terms are considered to be independent normal,

$$\varepsilon_{rs} \sim \mathcal{N}(0, \sigma_W^2)$$

The rabbit levels are so-called **random effects** and the variances ω_B^2 and σ_W^2 are so-called **variance components** describing the variance **between rabbits** and **within rabbits**, respectively.



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Implications of random effects anova

All observations are considered as randomly sampled measurements from the **same population**. Thus, the model implies that all measurements follow the same normal distribution:

$$Y_{rs} \sim N(\mu, \omega_B^2 + \sigma_W^2)$$

- ▶ Population mean μ , **the grand mean**.
- ▶ Population variance $\omega_B^2 + \sigma_W^2$, **the total variation**.

But: Measurements made on the same rabbit are correlated with the so-called **intra-class correlation**

$$\text{Corr}(y_{r1}, y_{r2}) = \rho = \frac{\omega_B^2}{\omega_B^2 + \sigma_W^2}$$



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Compound symmetry

The implied covariance of the repeated measurements has a **compound symmetry**-structure:

$$\Sigma = (\omega_B^2 + \sigma_W^2) \cdot \begin{pmatrix} 1 & \rho & \dots & \rho \\ \rho & 1 & \dots & \rho \\ \vdots & \vdots & \ddots & \vdots \\ \rho & \rho & \dots & 1 \end{pmatrix}$$

In particular all pairs of spots on the same rabbit are assumed to be **equally correlated** (with the intra-class correlation).

- ▶ We say that the spots are **exchangeable**.

Note: If this is not the case, an unstructured covariance might fit the data better. Say, if some spots are expected to respond more similarly than others.



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Random effects ANOVA in PROC MIXED

```
PROC MIXED DATA=rabbit;
  CLASS rabbit spot;
  MODEL swelling = / S;
  RANDOM rabbit;
/* or REPEATED spot / TYPE=CS SUBJECT=rabbit; */
RUN;
```

Covariance Parameter Estimates

Cov Parm	Estimate
rabbit	0.3304
Residual	0.5842

Solution for Fixed Effects

Effect	Estimate	Standard Error	DF	t Value	Pr > t
Intercept	7.3667	0.2670	5	27.59	<.0001

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Estimation of variance components

Level	Variation	Variance component	Estimate	%of variation
1	Between	ω_B^2	0.3304	36%
2	Within	σ_W^2	0.5842	64%
	Total	$\omega_B^2 + \sigma_W^2$	0.9146	100%

Asymptotic standard errors can be obtained with:

```
PROC MIXED COVTEST DATA=rabbit;
```

- ▶ 95% CI for **Intra**-rabbit variation σ_W^2 : (0.37,1.04).
- ▶ 95% CI for **Inter**-rabbit variation ω_B^2 : (0.06,2.48).

BUT: The coverage may be poor in small samples.

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Estimating variance components

In **balanced data** we have explicit formulae*:

$$\tilde{\sigma}_W^2 = MS_W \quad \text{and} \quad \tilde{\omega}_B^2 = MS_B - \frac{MS_W}{n}$$

- ▶ n is the number of observations in each cluster
- ▶ MS_W and MS_B are Mean Squares within and between clusters, defined as in one-way ANOVA.

* This is deduced from

$$E(MS_B) = \omega_B^2 + \frac{\sigma_W^2}{n}$$

$$E(MS_W) = \sigma_W^2$$

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Describing variation

Typical differences between spots on the **same** rabbit:

$$y_{rs_1} - y_{rs_2} = \varepsilon_{rs_1} - \varepsilon_{rs_2}$$

$$\sim N(0, 2\omega_W^2)$$

- ▶ **Normal region:** $\pm 2\sqrt{2\omega_W^2} = \pm 2.16 \text{ cm}^2$

Typical differences between spots on **different** rabbits:

$$y_{r_1s_1} - y_{r_2s_2} = \alpha_{r_1} - \alpha_{r_2} + \varepsilon_{r_1s_1} - \varepsilon_{r_2s_2}$$

$$\sim N(0, 2\sigma_B^2 + 2\omega_W^2)$$

- ▶ **Normal region:** $\pm 2\sqrt{2\sigma_B^2 + 2\omega_W^2} = \pm 2.70 \text{ cm}^2$

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Why not use traditional one-way anova?

```
PROC GLM DATA=rabbit;
  CLASS rabbit spot;
  MODEL swelling = rabbit / NOINT SOLUTION;
  ESTIMATE 'grand mean' rabbit 0.167 0.167 0.167 0.167 0.167 0.167;
RUN;
```

- ▶ Test of $H_0: \mu_1 = \dots = \mu_6: P = 0.004$.
- ▶ Estimate of grand mean: 7.367 (0.127)

But: We are **not interested in these particular 6 rabbits**, only in rabbits in general, as a **species!**

- ▶ Estimate from mixed model: 7.367 (0.267)

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Fixed or random effect?

How do we decide whether a **factor** should be modeled as fixed or random?

Fixed

- ▶ The specific values of the factor have been predetermined when planning the study.
- ▶ Allows inference for these particular values only.
- ▶ Demands a decent number of observations in each group.

Random

- ▶ A representative sample of values of the factor is present.
- ▶ Allows inference to be extended beyond the values in the experiment and to the population they were sampled from.

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One-way anova with and without random variation

Classical one-way anova

- ▶ The rabbit means μ_r are fixed parameters, - supposedly of an interest of their own.
- ▶ We say that the rabbit factor is a **fixed effect**.

Random effects one-way anova

- ▶ The rabbit levels A_r are considered random and their population mean μ and variance $\omega_B^2 + \sigma_W^2$ is the major interest.
- ▶ We say that the rabbit factor is a **random effect**.
- ▶ (If data is from a pilot study used in the planning of some trial, the intra-class correlation will also be of interest).

Estimation of individual rabbit means

Sometimes estimates of individual random effects are used for e.g. **prediction** of future disease status.

How do we estimate them?

- ▶ Simple averages \bar{y}_r of the individual measurements.
- ▶ **Best unbiased linear predictors (BLUPs)** are **weighted averages** of the individual and the population mean:

$$\frac{\tilde{\omega}_B^2}{\tilde{\omega}_B^2 + \frac{\tilde{\sigma}_W^2}{S}} \bar{y}_r + \frac{\frac{\tilde{\sigma}_W^2}{S}}{\tilde{\omega}_B^2 + \frac{\tilde{\sigma}_W^2}{S}} \bar{y}_{..}$$

They have been **shrunk** towards the grand mean, $\bar{y}_{..}$; We are *borrowing strenght from the neighbours*.

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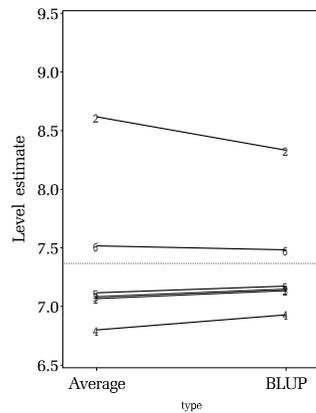


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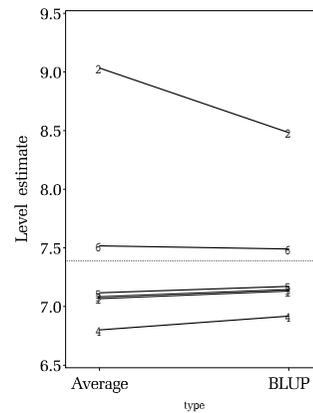


BLUPs vs averages

Full data



Reduced data



Note: We see larger shrinkage for rabbit no. 2 when the 3 smallest measurements from this rabbit have been removed.



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General variance component models

Generalisations of ANOVA and GLM models involving **several sources of random variation**, so-called **variance components**.

Examples of sources of random variation:

- ▶ Environmental variation.
 - ▶ Between regions, hospitals or countries.
- ▶ Biological variation.
 - ▶ Between individuals, families or animals.
- ▶ Within-individual variation.
 - ▶ Between arms, teeth, days.
- ▶ Variation due to uncontrollable circumstances.
 - ▶ E.g. time of day, temperature, observer.
- ▶ Measurement error.



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Multilevel models

Variance component models are also called **multilevel models**.

- ▶ Levels are most often **hierarchical**.
- ▶ We have variation, i.e. **a variance component**, on each level.
- ▶ And possibly **systematic effects (covariates)** on each level.

<i>individual observation</i>	→	<i>context/cluster</i>	→	<i>context/cluster</i>
level 1	→	level 2	→	level 3
students	→	classes	→	schools
patient	→	clinic	→	regions
time	→	subject	→	
spot	→	rabbit	→	



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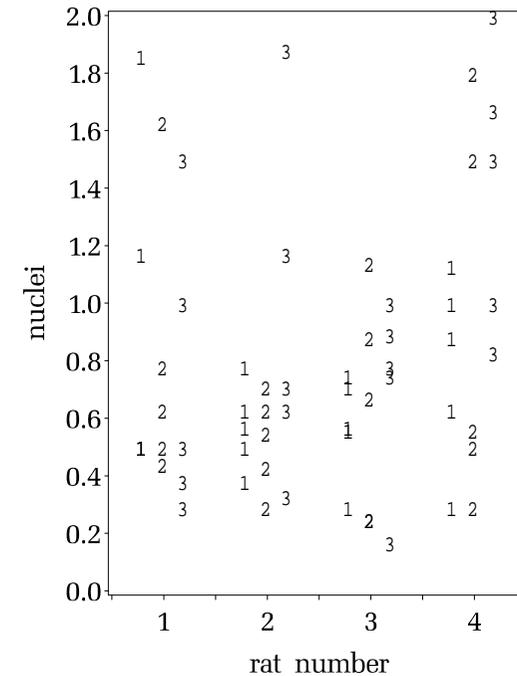
Example: A three-level model

Outcome: Number of nuclei per cell in the rat pancreas
(used for the evaluation of cytostatica)

- ▶ $R = 4$ rats.
- ▶ $S = 3$ sections for each rat.
- ▶ $F = 5$ randomly chosen fields from each section.

level 1	→	level 2	→	level 3
fields	→	sections	→	rats
σ^2		τ^2		ω^2

Reference: Henrik Winther Nielsen, Inst. Med. Anat.



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Estimated variation and correlation

Level	Variation	Estimate
3	Rats (ω^2)	0.0179 (8.2%)
2	Sections (τ^2)	0.0029 (1.3%)
1	Fields (σ^2)	0.1968 (90.4%)
	Total	0.2176 (100%)

Measurements on	Correlation	Typical differences
Different rats	0	$\pm 2\sqrt{2(\omega^2 + \tau^2 + \sigma^2)} = \pm 1.319$
Different sections of the same rat	$\frac{\omega^2}{\omega^2 + \tau^2 + \sigma^2} = 0.082$	$\pm 2\sqrt{2(\tau^2 + \sigma^2)} = \pm 1.264$
Different fields of the same section	$\frac{\omega^2 + \tau^2}{\omega^2 + \tau^2 + \sigma^2} = 0.096$	$\pm 2\sqrt{2\sigma^2} = \pm 1.255$

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Merits of multilevel models

We get a **better understanding** of the various sources of variation.

Effects *within* may be **estimated more precisely** (higher power), since some sources of variation are eliminated, e.g. by making comparisons within a family. This is analogous to the **paired design** situation.

When **planning investigations**, estimates of the variance components are needed in order to compare the power of various designs, and help us decide

- ▶ How many replicates do we need at each level?
- ▶ Should we randomize entire clusters or randomize *within* the clusters?

Design considerations

(Note the analogy with cluster-randomized trials.)

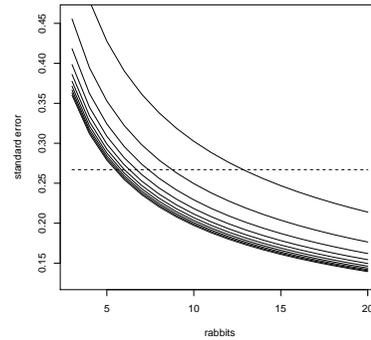
Plan an experiment with:

- ▶ R rabbits.
- ▶ S spots for each rabbit.
- ▶ $R \times S$ measurements.

Std. error of grand mean,

$$\text{Var}(\bar{y}) = \frac{\omega_B^2}{R} + \frac{\sigma_W^2}{RS},$$

decreases with R and S .



The different curves correspond to S varying from 1 to 10.



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Effective sample size

How many rabbits would we need to obtain the same precision in estimating the grand mean if we had **only one measurement** on each of R_1 rabbits?

Solve the equation for $\text{Var}(\bar{y})$ to get:

$$R_1 = \frac{R \times S}{1 + \rho(S - 1)}$$

where ρ is the within rabbit correlation.

- ▶ Estimate: $\rho = \frac{\omega_B^2}{\omega_B^2 + \sigma_W^2} = \frac{0.3304}{0.3304 + 0.5842} = 0.361 \Rightarrow R_1 = 12.8$

I.e. **one measurement on each of thirteen rabbits** gives the **same precision** as **six measurements on each of six rabbits**.



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Case study: Cortisol

Outcome: Concentration of cortisol in saliva samples taken **morning and evening** in workers in Aarhus amt and kommune in 2007 (3536 participants) with similar follow-up in 2009 (2408 participants)

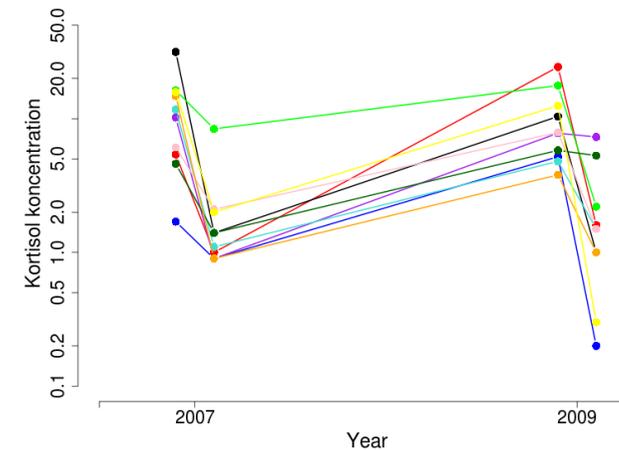
Interest: **effect of stressors**: lifeevents, Effort Reward Index

level	variation	covariates
3	between persons	gender, age
2	within person: between days	bmi, stressors, year
1	within person: within days	time (morning/evening)

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Sample data

From 8 randomly selected men:



NOTE: concentrations on **logarithmic scale**.



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Multilevel analysis

```
PROC MIXED DATA=prism COVTEST; WHERE sex EQ 'male';
  CLASS id year time;
  MODEL logcortisol = time / SOLUTION CL DDFM=SATTERTH;
  RANDOM id id*year;
RUN;
```

Covariance Parameter Estimates				
Cov Parm	Estimate	Std.Error	Z Value	Pr > Z
id	0.05993	0.01266	4.73	<.0001
id*year	0	.	.	.
Residual	0.5385	0.01794	30.01	<.0001

The *between days*-variance component estimate is a **zero**!

- ▶ Level 2 covariates (stressors) can only have **very little impact on individual cortisol concentrations!**



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Negative variance components

In case one of the variance component estimates becomes negative, SAS reports a zero.

What does it mean?

- ▶ The zero-estimate may be a chance finding due to statistical uncertainty.
- ▶ Or it might be the result of **truly negative correlation** within clusters - e.g. from competition (plants grown in same pot).

What can we do about it?

- ▶ Re-fit the model without the problematic random effect.
- ▶ Use a **covariance pattern model** which allows for negative correlation (e.g. an unstructured covariance).
- ▶ Include more covariates at the lower levels.



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Estimated time-effect

Solution for Fixed Effects									
Effect	time	Estimate	Standard Error	DF	t Value	Pr > t	Alpha	Lower	Upper
Intercept		0.4106	0.02209	448	18.59	<.0001	0.05	0.3672	0.4540
time	morn	2.0137	0.02872	1305	70.12	<.0001	0.05	1.9573	2.0700
time	even	0

Type 3 Tests of Fixed Effects				
Effect	Num DF	Den DF	F Value	Pr > F
time	1	1305	4916.89	<.0001

Estimates show that median levels of cortisol is about $\exp(2.0137) \simeq 7.49$ times higher in the morning than in the evening.

We should account for **exact time of measurement!**



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Specification of linear mixed models (LMMs)

Mixed refers to *mixed* fixed and random effects.

Systematic variation

- ▶ covariates: time, treatment, gender, age, etc., describing **population parameters**.

Random variation:

- ▶ Random effects, describing **subject specific parameters**.
- ▶ Serial correlation
- ▶ Measurement error

Interactions between systematic and random effects are **always** random effects.



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Technical model description for LMMs

Model repeated outcomes on subject/cluster i as:

$$Y_i = X_i\beta + Z_ib_i + \varepsilon_i$$

- ▶ **Systematic effects** β with designmatrices X_i .
- ▶ **Random effects** b_i with designmatrices Z_i .
- ▶ Possibly dependent **residual error terms** ε_i

We assume that the b_i 's and ε_i 's are independent normally distributed with mean zero and covariance matrices given by:

- ▶ The **G-matrix**: $\text{Var}(b_i) = G$.
- ▶ The **R-matrix**: $\text{Var}(\varepsilon_i) = R$.



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Implied covariance for LMMs

The covariance of the repeated measurements on subject/cluster i is given by the general formula:

$$V_i = Z_i^T G Z_i + R_i$$

Note:

- ▶ This is the so-called **V-matrix**.
- ▶ Print with option `vcorr` in `proc mixed`.



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SAS: PROC MIXED

`model`: describes the mean value structure
(i.e. covariates / fixed effects)

`random`: describes the random effects

`repeated`: describes the residual covariance.

Very flexible modeling framework!

Example: It is possible to model, e.g.

- ▶ longitudinal series of measurements (2 levels) ...
- ▶ with repeated series on each subject and with different treatments along the way (3 levels) ...
- ▶ and subjects belonging to different clusters (4 levels).



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Nonidentifiability

Warning: Make sure you **understand your model!**

- ▶ Modeling random effects together with a residual error covariance may result in unidentifiable covariance parameters, i.e. **nonconvergence**, unless done with some care.

Example: **Compound symmetry** can be specified as either of:

- ▶ `RANDOM id;`
- ▶ `RANDOM intercept / SUBJECT=id;`
- ▶ `REPEATED time / TYPE=CS SUBJECT=id;`

in case **two of these lines** are included in the **same program**, it will not converge.



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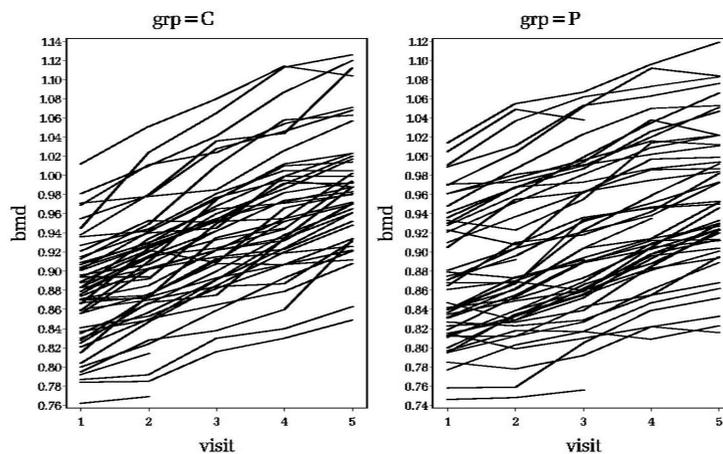
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Calcium data



The time course looks reasonably linear, but maybe the individual girls have different growth rates ...



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Random regression

We let each girl have her own level A_i and her own slope B_i

We **assume** these individual 'parameters', A_i and B_i ,

- ▶ the **random effects**

follow a bivariate normal distribution in the population

$$\begin{pmatrix} A_i \\ B_i \end{pmatrix} \sim N_2 \left(\begin{pmatrix} \alpha_{g(i)} \\ \beta_{g(i)} \end{pmatrix}, \begin{pmatrix} \tau_a^2 & \omega_{ab} \\ \omega_{ab} & \tau_b^2 \end{pmatrix} \right)$$

The covariance is the so-called **G-matrix**:

- ▶ it describes the **population variance** of the lines, i.e. the **inter-individual variation**.



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PROC MIXED: random regression

```
PROC MIXED DATA=calcium;
CLASS grp girl;
MODEL bmd=visit1 grp*visit1 / SOLUTION DDFM=SATTERTHWAITE;
RANDOM intercept visit1 / TYPE=UN SUBJECT=girl(grp) G;
RUN;
```

Individual intercepts and slopes must be specified in the **random-statement**.

- ▶ Here `visit` is used as a continuous covariate, with the intercept moved to `visit=1`. Due to randomization at baseline the main effect of `grp` omitted so that intercepts are the same in both groups.
- ▶ Note that `type=un` refers to a unstructured specification of the G-matrix. If it is omitted, we may experience convergence problems and sometimes totally incomprehensible results.

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Output from random regression

```
Estimated G Matrix
Row Effect   grp   girl   Col1   Col2
 1 Intercept C    101   0.004155 0.000051
 2 visit1    C    101   0.000051 0.000048

Covariance Parameter Estimates
Cov Parm   Subject   Estimate
Residual                   0.000125

Fit Statistics
-2 Res Log Likelihood      -2347.7
AIC (smaller is better)    -2339.7

Solution for Fixed Effects
Effect   grp   Estimate   StdError   DF   t Value   Pr > |t|
Intercept                0.8752   0.006149   111   142.32   <.0001
visit1                   0.02245   0.001097   96    20.46   <.0001
visit1*grp C    0.004429   0.001570   96.5    2.82    0.0058
visit1*grp P          0
```

We find an extra increase in BMD of **0.0044 (0.0016) g/cm³** per **half year**, when giving calcium supplement.

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Implied covariance

The random regression model implies a particular covariance-structure:

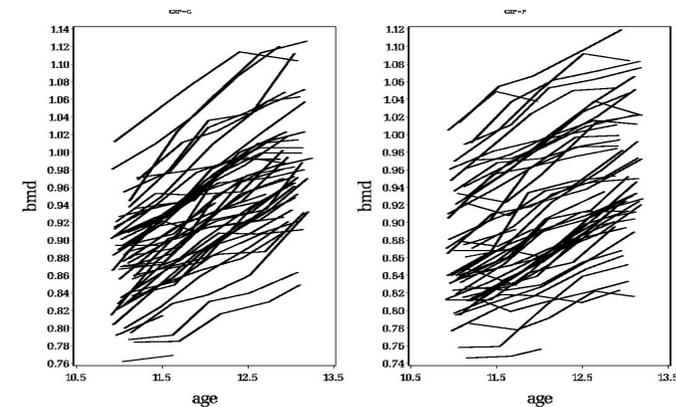
$$\begin{aligned} \text{Cov}(Y_{ij}, Y_{ik}) &= \text{Cov}(A_i + B_i t_j + \varepsilon_{ij}, A_i + B_i t_k + \varepsilon_{ik}) \\ &= \text{Var}(A_i) + (t_j + t_k)\text{Cov}(B_i, A_i) + t_j t_k \text{Var}(B_i) \\ &= \tau_a^2 + (t_j + t_k)\omega_{ab} + t_j t_k \tau_b^2 \end{aligned}$$

- ▶ Option `v` and `vcorr` makes SAS print the V-matrix and the associated correlation matrix.

```
Estimated V Matrix for girl(grp) 101 C
Row   Col1   Col2   Col3   Col4   Col5
 1   0.004280 0.004207 0.004258 0.004309 0.004360
 2   0.004207 0.004430 0.004405 0.004503 0.004602
 3   0.004258 0.004405 0.004676 0.004698 0.004844
 4   0.004309 0.004503 0.004698 0.005017 0.005086
 5   0.004360 0.004602 0.004844 0.005086 0.005453
```

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Nonequidistant time points



- ▶ The girls are only seen **approximately twice a year**.
- ▶ Perhaps we get **better estimates of the slopes** when replacing `visit` with the actual age of the girl.

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Random regression, using actual age

```

Estimated G Matrix
Row   Effect   grp   girl   Col1   Col2
 1   Intercept C    101   0.004208 0.000095
 2    age11  C    101   0.000095 0.000179

Covariance Parameter Estimates
Cov Parm   Subject   Estimate
Residual                   0.000124

Fit Statistics
-2 Res Log Likelihood      -2356.3
AIC (smaller is better)    -2348.3

Solution for Fixed Effects
Effect   grp   Estimate   StdError   DF   t Value   Pr > |t|
Intercept                0.8721   0.006193   111   140.84   <.0001
age11                    0.04534  0.002151   96.2   21.08   <.0001
age11*grp C      0.008803  0.003074   96.8    2.86   0.0051
age11*grp P              0                .         .         .
    
```

In this model, we quantify the effect of a calcium supplement to **0.0088 (0.0031) g/cm³ per year**.

Results from random regression

Time variable	Difference in Slopes	P-value
visit1	0.0089 (0.0031)	0.0051
age11	0.0044 (0.0016)	0.0058
P	0.37	0.0048

Seemingly **steeper slopes** than when visit was used as the time-variable.

- ▶ Due to **quantification** (per year vs per 1/2 year)!

Note: In some cases replacing proxy age with exact age would result in steeper slopes due to **bias reduction** (recall measurement error in the independent variable causes bias towards the null).



Modeling the covariance

Random regression implies a particular covariance pattern.

- ▶ Does this fit the data well?

No benchmark for model comparisons:

- ▶ An **unstructured covariance** cannot be estimated from non-equidistant data!

Instead, non-nested models can be compared using **Akaike information criterion (AIC)** which balances goodness of fit against model complexity.

- ▶ **Smaller values of AIC indicates a better model fit.**

Non-equidistant covariance patterns

In case subject are measured at **individual** or otherwise **non-equally spaced** time points only a limited number of stationary covariance pattern models are available:

- ▶ The variance is **constant over time**.
- ▶ The correlation **depend only on the time-distance** between the observations.

proc mixed type=	Cov(Y_{ij}, Y_{ik})	no. param
CS	$\sigma^2 [I\{j = k\} + \rho \cdot I\{j \neq k\}]$	2
SP(POW) (ctime)	$\sigma^2 \rho^{ t_{ij} - t_{ik} }$	2
SP(GAU) (ctime)	$\sigma^2 e^{- t_{ij} - t_{ik} ^2 / \gamma^2}$	2
SP(LIN) (ctime)	$\sigma^2 (1 - \rho t_{ik} - t_{ij}) \cdot I\{\rho t_{ik} - t_{ij} \leq 1\}$	2

The ctime-variable must be a **numerical variable** in SAS.



Tests of treatment effect

Comparison of slopes for different covariance structures:

Covariance structure	AIC	Cov.par.	Difference in slopes	P
Independence	-1251.3	1	0.0094 (0.0086)	0.27
Compound symmetry	-2253.9	2	0.0091 (0.0020)	<0.0001
Power (Autoregressive)	-2374.3	2	0.0099 (0.0030)	0.0014
Random Regression	-2348.3	4	0.0088 (0.0031)	0.0051

- Confidence intervals and tests depend on the covariance!



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Outline

General repeated measurements

Random effects ANOVA (the two-level model)

Multilevel models

Linear mixed models (LMMs)

Random regression

Cross-over studies

Comparing measurement methods



Example: Cross-over study of headache

Patients with chronic headache are randomized into two groups:

- Both groups receive LNMMA and placebo, on two different days, with a suitable wash-out period in-between
- **Group G1** was treated first with placebo (period 1), and then with LNMMA (period 2)
- **Group G2** was treated first with LNMMA (period 1), and then with placebo (period 2)

Pain was measured subjectively on a VAS-scale (small is good), at baseline and at 30, 60, 90 and 120 minutes after treatment.

Ashina, Lassen, Bendtsen, Jensen og Olesen (1999), Lancet, pp.287-289



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Picture ignoring period effect and pairing

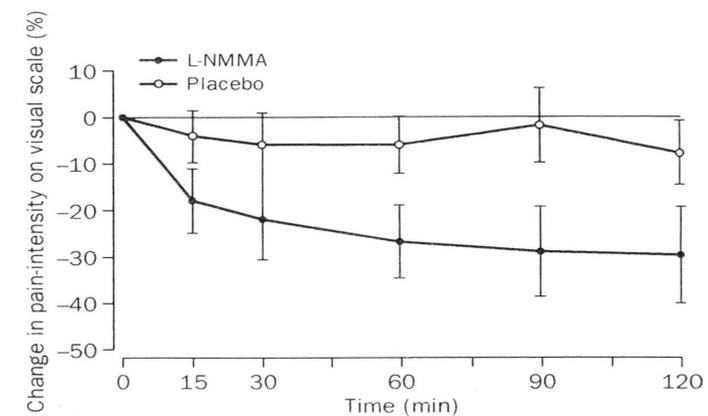


Figure 2: **Mean percentage change from baseline in pain intensity on 100 mm visual analogue scale**
Bars=SE.



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Model building for cross over study

Fixed effect:

- ▶ time, treat treat*time, period
- ▶ possibly a **carry-over effect**: treat*period(*time)?

Covariance structure:

- ▶ We expect that observations from the same period (and same patient) are more strongly correlated when they are close in time, e.g.

```
RANDOM patient;
REPEATED time / TYPE=SP(POW)(time) LOCAL
SUBJECT=patient*period;
```

where LOCAL adds an additional measurement error.

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Extract data

Unfortunately, we do not have access to the full data with **repeated measurements over time**.

New outcome: Difference between average follow-up measurements and baseline,

$$Y_{30} + Y_{60} + Y_{120} - 3Y_0$$

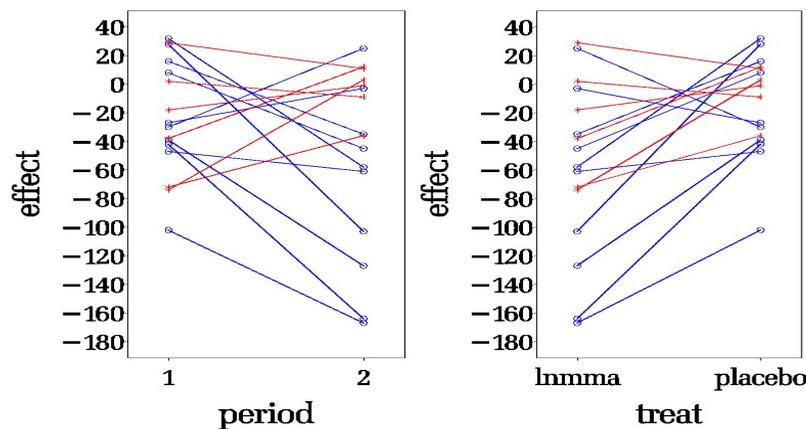
(recall, for this to be efficient the correlation must be strong).

Analysis Variable : effect					
treat	period	N	Obs	Mean	Std Dev
lnmma	1	6	6	-28.5000000	40.9865832
	2	10	10	-73.8000000	65.0022222
placebo	1	10	10	-20.3000000	41.5452899
	2	6	6	-3.3333333	17.8063659

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Observations vs. period and treatment

Legend: **Group G1** (P+A), **Group G2** (A+P)

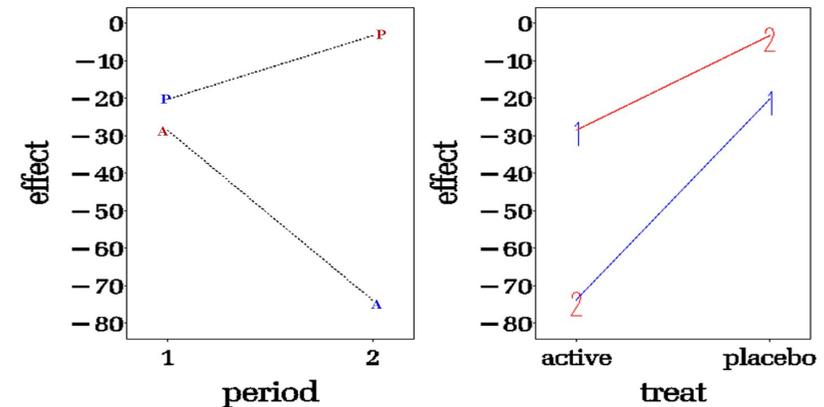


Correlation looks reasonably strong.

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Average over patients

A, P denote the treatments, 1 and 2 denote the periods



Seemingly much larger treatment effect in period 2.

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Model for cross-over study

For subject i , treatment t and period p :

$$Y_{tpi} = \alpha + \beta_t + \gamma_p + \delta_{tp} + b_i + \varepsilon_{tpi}$$

- ▶ $b_i \sim N(0, \omega_B^2)$ are the random subject effect
- ▶ $\varepsilon_{tpi} \sim N(0, \sigma_W^2)$ are the residuals
- ▶ δ_{tp} is the carry-over effect.

Parameter of interest: Treatment effect in period 1.

Coded as a mixed effects model

```
PROC MIXED DATA=ashina;
  CLASS patient group treat period;
  MODEL effect=treat period treat*period / S CL DDFM=SATTERTH;
  RANDOM intercept / SUBJECT=patient(group);
RUN;
```

Solution for Fixed Effects

Effect	treat	period	Estimate	Standard Error	DF	t Value	Pr > t
Intercept			-3.3333	19.4487	14	-0.17	0.8664
treat	lmma		-70.4667	24.6009	14	-2.86	0.0125
treat	placebo		0
period		1	-16.9667	24.6009	14	-0.69	0.5017
period		2	0
treat*period	lmma	1	62.2667	40.8798	14	1.52	0.1500
treat*period	lmma	2	0
treat*period	placebo	1	0
treat*period	placebo	2	0

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Interpretation of the carry-over effect

The carry-over effect is usually interpreted as **an additional effect of placebo when given after the active treatment**.

Estimate 62.3, with 95% CI $(-25.4, 149.9)$, i.e. nonsignificant.

The carry-over effect (placebo following active) has a positive value, corresponding to a worsening of the headache.

This could be explained as a **psychological effect**, in the sense that subjects expect something better (namely what they experienced in the previous period).

Traditional approach

First test the hypothesis $H_0 : \delta = 0$ (no carry-over effect):

- ▶ Unpaired T-test (G1 vs G2) with the sum of the two effects as outcome, since the group means are:
 - ▶ G1: $2\alpha + \beta + \gamma$
 - ▶ G2: $2\alpha + \beta + \gamma + \delta$

If this is accepted, test $H_1 : \beta = 0$ (no treatment effect):

- ▶ Unpaired T-test (G1 vs G2) with the difference between the two effects (P1-P2) as outcome, since the group means are:
 - ▶ G1 (P+A): $(\alpha + \beta + \gamma) - \alpha = \beta + \gamma$
 - ▶ G2 (A+P): $(\alpha + \gamma) - (\alpha + \beta) = \gamma - \beta$
- ▶ And report the estimated treatment effect.

But what if there is a carry-over effect?

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Conclusion on treatment effect

Depends on your protocol!

Method	Effect	Confidence Interval	P-value
Period 1	-8.20	(-53.99,37.59)	0.71
Period 2	-70.47	(-129.40,-11.55)	0.022
Joint*	-39.33	(-68.70,-9.97)	0.012

*assuming no carry-over effect

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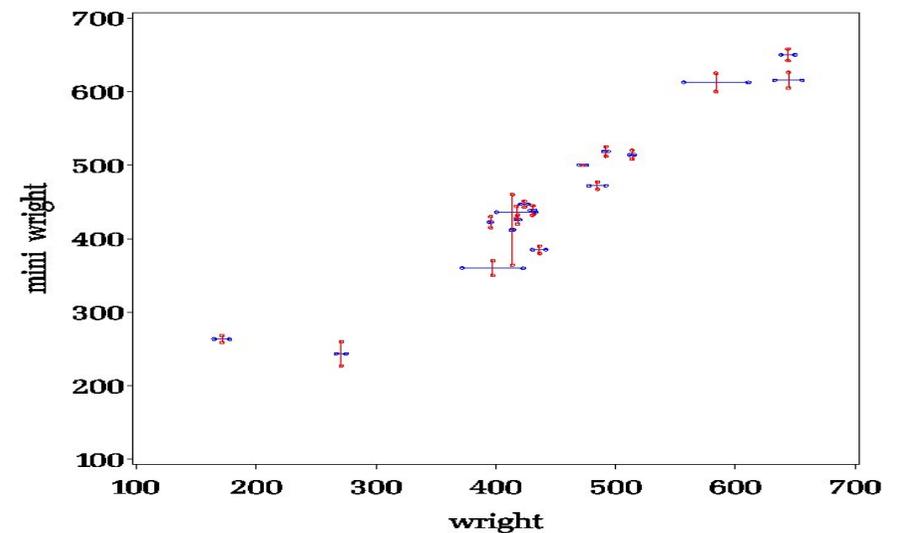
Comparing measurement devices

Example: Peak expiratory flow rate, l/min:

- ▶ 17 subjects, 2 measurement devices, two replicates with **each method**.

subject	Wright		mini Wright	
	Y_{1p1}	Y_{1p2}	Y_{2p1}	Y_{2p2}
1	494	490	512	525
2	395	397	430	415
3	516	512	520	508
.
.
15	178	165	259	268
16	423	372	350	370
17	427	421	451	443
Average	450.35	445.41	452.47	455.35
SD	116.31	119.61	113.12	111.32

Reference: Bland and Altman, Lancet (1986).



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Aim of investigation

Quantify the **precision** of each measuring device

- ▶ Variability / reproducibility.

Quantify the **agreement** between the two devices

- ▶ Bias of one method compared to the other.
- ▶ Variance of one method compared to the other.

Can the devices be used interchangeably in clinic?

Simple approaches

For reliability

- ▶ Compare the replicate measurements in **Bland-Altman plots*** with **limits of agreement**, i.e.
 - ▶ Plot of difference in measurements vs average of measurements.
 - ▶ 95% normal range for typical differences.
- ▶ for **each method separately**.

For method comparison

- ▶ Compare **averages** in a Bland-Altman plot?
- ▶ **Not good** - unless you also do averages in clinic!

★ See: Bland & Altman, Lancet (1986).

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Variance component model?

level	variation	covariates
3	between subjects (σ^2)	
2	between methods (τ^2)	method
1	within methods (ω^2)	

Specified as:

$$Y_{ijk} = \mu_j + A_i + B_{ij} + \varepsilon_{ijk}$$

- ▶ $A_i \sim \mathcal{N}(0, \sigma^2)$ for subjects $i = 1, \dots, 17$,
- ▶ $B_{ij} \sim \mathcal{N}(0, \tau^2)$ for methods $j = 1, 2$,
- ▶ $\varepsilon_{ijk} \sim \mathcal{N}(0, \omega^2)$ for replicate $k = 1, 2$.

Implied covariance structure

- ▶ We have 4 measurements on each subject

Covariance matrix with ordering (wright1, wright2, mini1, mini2):

$$\begin{pmatrix} \sigma^2 + \tau^2 + \omega^2 & \sigma^2 + \tau^2 & \sigma^2 & \sigma^2 \\ \sigma^2 + \tau^2 & \sigma^2 + \tau^2 + \omega^2 & \sigma^2 & \sigma^2 \\ \sigma^2 & \sigma^2 & \sigma^2 + \tau^2 + \omega^2 & \sigma^2 + \tau^2 \\ \sigma^2 & \sigma^2 & \sigma^2 + \tau^2 & \sigma^2 + \tau^2 + \omega^2 \end{pmatrix}$$

- ▶ We have stronger correlation between measurements made with the same method than with different methods.
- ▶ And **same variance for both methods**.

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Analysis

```
PROC MIXED DATA=wright;
  CLASS method id;
  MODEL flow=method / SOLUTION CL;
  RANDOM intercept method / SUBJECT=id;
RUN;
```

Solution for Fixed Effects						
Effect	method	Estimate	Standard Error	DF	t Value	Pr > t
Intercept		447.88	27.7519	16	16.14	<.0001
method	mini	6.0294	8.0532	16	0.75	0.4649
method	wright	0

No evidence of **systematic** differences between the measurement methods.

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Estimated variance components

Covariance Parameter Estimates		
Cov Parm	Subject	Estimate
Intercept	id	12542
method	id	393.57
Residual		315.37

Fit Statistics	
-2 Res Log Likelihood	676.0
AIC (smaller is better)	681.6

What does this tell us about the precision of the measurements?

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Typical differences

Between replicate measurements using the same method:

$$\begin{aligned} Y_{ijk_1} - Y_{ijk_2} &= \varepsilon_{ijk_1} - \varepsilon_{ijk_2} \\ &\sim \mathcal{N}(0, 2\omega^2) \end{aligned}$$

Limits-of-agreement: $\pm 2\sqrt{2\omega^2} \simeq \pm 50.23$.

Between measurements using the different methods:

$$\begin{aligned} Y_{ij_1 k_1} - Y_{ij_2 k_1} &= \mu_{j_1} - \mu_{j_2} + B_{ij_1} - B_{ij_2} + \varepsilon_{ij_1 k_1} - \varepsilon_{ij_2 k_1} \\ &\sim \mathcal{N}(\mu_{j_1} - \mu_{j_2}, 2\tau^2 + 2\omega^2) \end{aligned}$$

Limits-of-agreement: $\mu_1 - \mu_2 \pm 2\sqrt{2\tau^2 + 2\omega^2} \simeq 6.03 \pm 75.31$.

(where we include the non-significant systematic difference).

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Comparing precisions

We need a more general model:

$$Y_{ijk} = \mu_j + A_{ij} + \varepsilon_{ijk}$$

- ▶ $A_i \sim \mathcal{N}(0, \Sigma)$ for subjects $i = 1, \dots, 17$,
- ▶ $\varepsilon_{ijk} \sim \mathcal{N}(0, \omega_j^2)$ for replicate $k = 1, 2$.
- ▶ bivariate random effect.
- ▶ method-dependent residual variance.

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Analysis

```
PROC MIXED DATA=wright;
CLASS method id;
MODEL flow=method / SOLUTION CL;
RANDOM method / TYPE=UN SUBJECT=id G;
REPEATED / TYPE=simple GROUP=method SUBJECT=id*method;
RUN;
```

Covariance Parameter Estimates

Cov Parm	Subject	Group	Estimate
UN(1,1)	id		12188
UN(2,1)	id		12542
UN(2,2)	id		13683
Residual	method*id	method mini	396.44
Residual	method*id	method wright	234.29

Fit Statistics

-2 Res Log Likelihood	673.8
AIC (smaller is better)	683.8

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Comparing precisions

Reproducibility (typical differences):

$$\text{Wright: } \hat{\omega}_1^2 = 234.29 \rightarrow \pm 2\sqrt{2\omega_1^2} \simeq \pm 43.3$$

$$\text{Mini: } \hat{\omega}_2^2 = 396.44 \rightarrow \pm 2\sqrt{2\omega_2^2} \simeq \pm 56.3$$

Seemingly Wright is more precise, but is the difference significant?

$$F = \frac{396.44}{234.29} = 1.69 \sim F(17, 17) \rightarrow P = 0.14$$

Don't form too firm a conclusion with **too small data**.

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Overall comparison

Solution for Fixed Effects

Effect	method	Estimate	Standard Error	DF	t Value	Pr > t
Intercept		447.88	28.4914	32	15.72	<.0001
method	mini	6.0294	8.0532	32	0.75	0.4595
method	wright	0

No evidence of **systematic** differences between the two methods.

Typical differences between the two methods:

$$Y_{ij_1 k_1} - Y_{ij_2 k_1} = \mu_{j_1} - \mu_{j_2} + A_{ij_1} - A_{ij_2} + \varepsilon_{ij_1 k_1} - \varepsilon_{ij_2 k_1}$$

$$\sim \mathcal{N}(\mu_{j_1} - \mu_{j_2}, \sigma_1^2 + \sigma_2^2 - 2\sigma_{12} + \omega_1^2 + \omega_2^2)$$

Limits-of-agreement: $6.0 \pm 75.3 = (-69.3, 81.3)$.

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The end



I hope you have enjoyed the course!

Suggestions for **improvements** are warmly welcomed.

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